

PANIC ATTACK

Flying abroad

Visit to the dentist

Hospitals

Injections

Wasps, Bees

Spiders, Snakes

The dark

Confined spaces

Open spaces

Public speaking

Interviews

Meeting people

Checking things over and over again

Routines that have to be repeated

Does just the thought of any of the above bring you out in a cold sweat,
cause your stomach to turn .

These things are quite common but not necessary

My name is Keith Robson and I can help you to get rid of your Phobias or
break your Obsessive Compulsions.

This is normally done in two or three hourly sessions with phone calls to
maintain support and encouragement

HAVE A LIFE YOU WANT

Contact; Keith Robson Dip.Clin.Hyp.NLP Coach.Lightning Process™ Practitioner.

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